

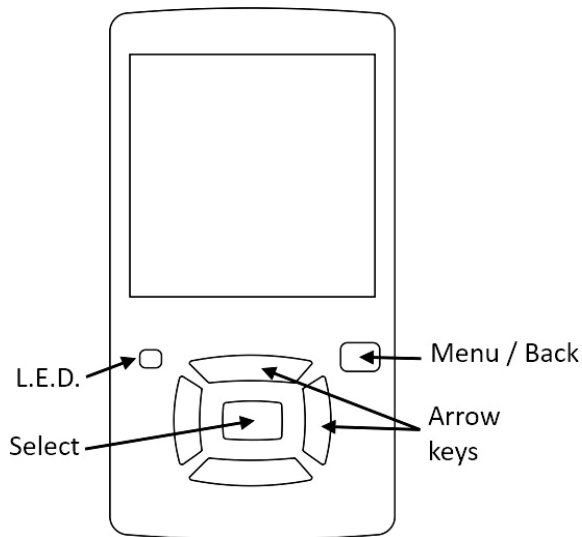
# EPOC-S Responder with Lone Worker

## QUICK START GUIDE



1. To switch the EPOC-S on, push and hold the Menu button (see below).

### 2. Navigating around the EPOC-S



The EPOC-S is designed to be simple to operate. The menu is accessed using the Menu button, and navigated using the Arrow keys and Select button.

The menu can be used to:

- View all received, sent and internally-stored messages
- Select normal or silent mode
- Change the screen text size
- Set the clock
- Set up automatic night-time muting
- Access the torch function
- Activate/deactivate Lone Worker fall detection
- Activate/deactivate Lone Worker movement detection
- Power-off

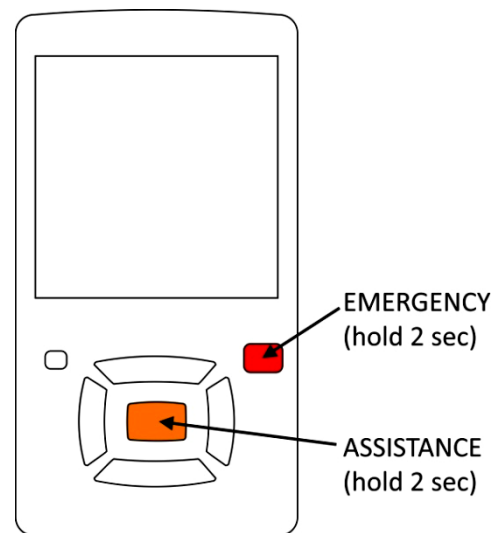
### 2. Calling for help

Two buttons have been setup to allow the user to call for help:

Holding the central select button for 2 seconds will send a message to all other users within range asking for "ASSISTANCE".

Holding the menu button for 2 seconds will send a message to all other users within range notifying them of an "EMERGENCY".

Users receiving these messages can notify others that they are either 'responding' or 'unavailable'.



### 3. Lone Worker functions

The EPOC-S can detect a lack of movement and also detect a fall. Each function can be selected independently in the Lone Worker menu. To access this section, press the Menu button, move to the "Lone Worker" option using the arrow keys, and then press Select.

**NOTE: Lone worker functionality is automatically disabled whilst the EPOC-S is in the charging dock.**



Lone Worker Menu

### **“MAN DOWN” Fall detection**

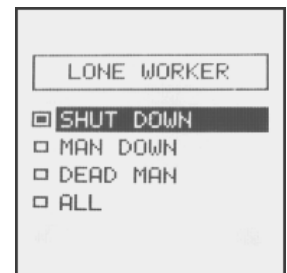
Select the MAN DOWN function in the Lone Worker menu, then immediately place the EPOC-S into its usual worn position (e.g. on your belt). After 20 seconds the unit will learn its orientation and emit a double beep. If the unit is then moved more than 30 degrees away from the original angle, for more than 20 seconds, it will give a warning beep and start a short countdown. The countdown can be stopped by tilting the unit back to its original orientation. Once the countdown reaches the end, the EPOC-S will send a message saying “FALL DETECTED”, and will repeat this message every 30 seconds until reset. To reset, enter the Lone Worker menu and select “Shut Down”, which will also send an “All Clear” message.



Lone Worker  
Countdown

### **“DEAD MAN” Lack of movement detection**

Select the DEAD MAN function in the Lone Worker menu. After 20 seconds the unit will emit a double beep and the function becomes active. After 2 minutes with no movement the EPOC-S will start a short countdown. The countdown can be stopped by moving the unit. Once the countdown reaches the end, the EPOC-S will send a message saying “NO MOVEMENT”, and will repeat this message every 30 seconds until reset. To reset, enter the Lone Worker menu and select “Shut Down”, which will also send an “All Clear” message.



Reset Lone Worker

To switch off lone worker functions, choose “Shut Down” from the Lone Worker menu.

## **4. Receiving messages**

The EPOC-S responder will receive messages transmitted from a Scope paging transmitter and/or other EPOC-S units, either directly or via a transponder/repeater unit. The EPOC-S will display the relevant message, and beep and/or vibrate. Please contact your supplier for full details of exactly how your system is set up.

Press any key to stop the message alert.

Press the Menu key to choose an acknowledgment message to send to other users.

Press the Select key to delete the message.

## **5. Acknowledgements**

Any user receiving a message can optionally press the menu button and choose an acknowledgement to send, either “User Responding” or “User Not Available”.

## **6. Ring Mode**

This menu allows the user to choose between “normal” and “silent” operation.

## **7. Quiet Period (automatic night-time mode)**

The EPOC-S has the option to automatically switch off the ring tone during set periods (eg overnight). There is a user option in the clock set menu to enable or disable this function and set the times. By default the EPOC-S will alert at all times.

Care must be taken when using Silent ring mode and/or the Quiet Period to ensure that the end user is still aware or received messages.

All modes of operation are dependent on factory programming and may vary from this guide depending on how your EPOC-S has been set up. Please contact your supplier for full details of configuration or to seek further guidance. Please consult the EPOC-S user manual for full instructions and to see important safety and regulatory information.